

Genesis

God's World. God's Story.



Be on Your Guard in a Bad News World

Genesis 4:1-26

Big Idea: Be on guard in a bad news world against the Cain and Lamech in your own soul.

Outline:

1. Bad News: Cain's Murder

A. Cain's Offering

B. Cain's Consequences

2. Bad News: Lamech's Boasting

A. Lamech's Lifestyle

B. Lamech's Legacy

Discussion Questions:

1. Why would God reject Cain's offering? Was God's rejection fair?
2. What Cain and Abel's attitudes teach us about our own worship?
3. What are some ways and situations that we face in which "sin is crouching at the door"? How do we "rule over it"?
4. Do you think Cain was repentant from his sin? Why or why not?
5. Compare and contrast the song of Adam in Genesis 2:23 to the song of Lamech in Genesis 4:23-24.
6. How would you describe human society as a whole in the first seven generations since Adam? How is their society similar to ours?
7. Even if we don't indulge in the same behaviors of Cain and Lamech, how might the *attitudes* of these two men show up in our lives?

November 2025 (Updated November 1 st)			
Week 1 Starting November 3	Week 2 Starting November 10	Week 3 Starting November 17	Week 4 Starting November 24
Day 1: Judges 14	Day 1: Judges 19	Day 1: Ruth 3	Day 1: 1 Samuel 4
Day 2: Judges 15	Day 2: Judges 20	Day 2: Ruth 4	Day 2: 2 Samuel 5
Day 3: Judges 16	Day 3: Judges 21	Day 3: 1 Samuel 1	Day 3: 1 Samuel 6
Day 4: Judges 17	Day 4: Ruth 1	Day 4: 1 Samuel 2	Day 4: 1 Samuel 7
Day 5: Judges 18	Day 5: Ruth 2	Day 5: 1 Samuel 3	Day 5: 1 Samuel 8
Personal Worship ³ Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴ and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, ⁵ who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time. ⁶ In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials I Peter 1:3-6 (NIV)			